

June
13,
2022



Dear Families,

Sunday, June 19th is the Solemnity of Corpus Christi, also known as the Most Holy Body and Blood of Christ. This feast honors Jesus Christ; Really, Truly, and Substantially Present under the appearances of bread and wine.

After the 11am Mass on June 19th there is a Eucharistic Procession, in celebration of this feast. The procession is from the church to the cemetery where a few prayers are said before the Blessed Sacrament.

It would be wonderful to have our School and Faith Formation Families join us at the 11am Mass and procession afterwards. Our First Communicants will be attending and wearing their First Communion attire. The procession only takes a few minutes after Mass and is a very beautiful and spiritual experience. Quite the way to begin Father's Day as a family! I look forward to seeing you there.

God Bless,

Angela Behrend
St. John's Faith Formation Leader



St. John's Golf Tournament

Proceeds to benefit St. John the Baptist Parish

**Where: Kis-N-Greens Golf
13822 North Road, Alden NY**

When: Saturday, August 6, 2022

Time: Shotgun start at 1:00pm

Format: Scramble

\$80

per golfer

Includes:

- 18 holes of golf
- cart
- BBQ chicken dinner

Get your foursome signed up early to reserve your spot!

SKILLS COMPETITION - DRAWINGS - PRIZES

Contact Joe Dahl (716) 937-4299

or

Rocky Kotas (Kotas & Kotas, CPA)

(716) 937-7588



**Sponsored by
St John's Holy Name Society
Alden, NY**





Summer Fun Bucket List 2022

This Bucket List belongs to: _____ Age: _____

Phone: _____ Address: _____

The Rules:

Complete the Summer Fun Challenge and take the corresponding photograph. Submit your photos online to or in person to The Pink Cow by August 16th. Prizes will be available for pick up at our Say Goodbye to Summer Vacation Fun Night and Alden Primary PTO Basket Raffle at The Pink Cow, August 26th from 5:30-8:30PM!

To submit in person: Print all your photos off. Label them with the corresponding challenge.

Drop your pictures and Bucket List off at The Pink Cow Ice Cream during normal business hours.

To submit online: Submit all photos and a clear picture of your Summer Fun Bucket List to

hana.r.ross@gmail.com

THE PRIZES

Complete 10 Summer Fun Challenges: Receive a Pink Cow Water Bottle & Bumper Sticker.

Complete 20 Summer Fun Challenges: Receive a Pink Cow Water Bottle, Bumper Sticker,
and Surprise Prize Activity Bag.

Complete ALL 30 Summer Fun Challenges: Receive a Pink Cow Tumbler, Bumper Sticker,
Surprise Prize Bag and T-Shirt!

T- Shirt Size: Youth OR Adult _____ COLOR: Black OR Pink

CREATE YOUR OWN SUNDAE IDEA HERE:



Follow our Facebook and Instagram @pinkcownation for the latest information all Events,
Daily Deals, Contests and our Daily Free Name of the Day Sundae Contest!



CHALLENGE	PROOF	DONE
Pick Up Summer Fun Bucket List from The Pink Cow Ice Cream	You're holding it- Keep this list in a safe place!	✓
Visit a local car show.	Take a picture with your favorite car at the show.	
Learn the directions from your house to The Pink Cow.	Draw a map from your house to The Pink Cow. Take a picture with your map.	
Chalk your entire driveway OR sidewalk.	Take a picture of your finished artwork.	
Try 8 Flavors of ice cream at The Pink Cow you have never tried before. (Tip- have everyone in the family get a different flavor and share!)	Take a picture of eating your ice cream!	
Write a letter and mail it to an out of town family member or friend.	Take a picture mailing your letter.	
Make homemade pizza for dinner.	Take a picture with your finished pizza.	
Enjoy a campfire with people you love.	Take a picture at your campfire.	
Make a new unique recipe for smores. (Waffies the Cow's Favorite: Chocolate Chip Cookies, with marshmallow and Peanut butter cups.)	Take a picture with your smore. Tell me your recipe:	
Spend the afternoon at a park.	Take a picture at your favorite spot in the park.	
Pack a lunch picnic for your family.	Take a picture at your picnic.	
Take a walk at a Nature Trail with your favorite adult.	Take a selfie/picture on the Nature Trail with your favorite adult.	
Make a card and deliver it to your grandma, grandpa, or an elderly friend or neighbor.	Take a picture with your card.	
Create your own ice cream sundae. The Pink Cow Team will pick their favorite one to be featured as a Fall Special!	Write your sundae idea on the front of the Summer Fun Bucket list.	
Get ice cream at The Pink Cow in your pajamas.	Take a picture at The Pink Cow in your Pajamas.	
Have a water balloon fight.	Take a picture of how soaked you are after the water balloon fight! (Please pick up water balloons- we don't want to promote litter.)	
Find a NEW recipe online or in a recipe book and learn to make it. (Any skill level recipe is accepted.)	Take a picture with your finished recipe.	
Visit a local Farmer's Market.	Take a picture at the Farmer's Market.	
Bake cookies for a friend or neighbor.	Take a picture with your cookies.	
Build a blanket fort and camp out.	Take a picture with your blanket fort.	
Play with bubbles with your favorite adult.	Take a picture blowing bubble together.	
Make "Homemade Ice Cream in a Bag." (Simple recipes for this can be found on Pinterest and Google.)	Take a picture with your Homemade Ice Cream in a Bag.	
Take a hike to a local waterfall.	Take a picture with the waterfall.	
Donate food to a local food pantry.	Take a picture delivering your food.	
Meet your family or friends for an ice cream date at The Pink Cow.	Take a picture with your family or friends at The Pink Cow.	
Trace and Draw yourself with Sidewalk Chalk.	Take a picture of your chalk-self.	
Decorate Kindness Rocks and leave them on a walk.	Take a picture with your Kindness Rock.	
Have a Glow Stick Dance Party.	Have your adult take a picture of you dancing.	
Do a Science Experiment (Any skill level is accepted.)	Take a picture of your experiment.	
Eat dinner from a local food truck.	Take a picture with the food truck.	
Attend one of The Pink Cow's Free Family Fun Nights.	Take a picture at Friday Night Fun Night.	

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ALDEN JUNIOR FOOTBALL & CHEERLEADING IS LOOKING FOR BOYS AND GIRLS AGES 5 TO 13 TO JOIN OUR TEAMS

An affiliate of EMPIRE WEST YOUTH FOOTBALL & CHEERLEADING

Ages (as of 9/1) 5-7	Pee Wee	Striper weight over 75 lbs
Ages (as of 9/1) 8-9	Freshman	Striper weight over 110 lbs
Ages (as of 9/1) 10-11	Junior Varsity	Striper weight over 130 lbs
Ages (as of 9/1) 12-13	Varsity	Striper weight over 155 lbs

In person registration at Alden Community Center

- o Tuesday 6/14/2022 and 6/28/2022 from 6-8 pm

Register online at: <https://go.teamsnap.com/forms/312341>

Fees and Items Needed to Complete Registration:

\$135 Registration fee per participant. Family discount available

\$100 Deposit per participant will be returned upon completion of mandatory volunteer hours AND return of uniform and/or equipment. May submit post-dated check

\$60 for mandatory chicken dinner fundraiser (date TDB) OR

\$50 Opt-Out for mandatory fundraiser

Recent photograph and birth certificate for each new participant is required

- Send documents to AJFC, PO Box 134, Alden, NY 14004 or email to ajfc_bulldogs@yahoo.com

Checks may be made payable to Alden Junior Football and Cheer

